

Baked Bananas with Cinnamon (Vegan, Gluten-Free, Soy-Free)

Posted by Jackie, at the Vegan Diet, originally from FoodDownUnder

Ingredients:

- 3 bananas quartered
- 1/2 tsp orange zest
- 1/4 tsp lime zest
- 1/2 cup fresh orange juice
- 1 tsp fresh lime juice
- 1/4 cup raisins or currants
- 1/4 tsp vanilla extract
- 1/4 tsp cinnamon

Preheat the oven to 375F. Arrange the bananas in a single layer in a shallow baking dish. Combine all the other ingredients and pour over the bananas. Bake, uncovered, for 15 - 20 minutes or until the bananas are lightly browned and bubbling. Put 3 banana pieces in the center of each dessert plate and spoon sauce over them. NOTES : Great topping for soy frozen yogurt, too.