

Infant and Toddler

The products below are non-dairy shopping list suggestions ONLY. General brands have been listed, though only select varieties may be non-dairy (made without dairy ingredients, including lactose, casein, and whey) or dairy-free. Always check the ingredient statement prior to consumption. For a list of non-dairy brands with varieties, company names, websites, links, and special diet information (vegan, no gluten, no soy, nut-free, kosher) see our Non-Dairy Product Lists, available in a downloadable PDF format. Cross contamination of food allergens should always be assumed in manufacturing. Most of the products listed could be at risk for cross contamination, and therefore may contain trace amounts of milk. If cross contamination is a concern, be sure to contact the manufacturer directly prior to consumption. Our Company Contact List includes consumer websites, emails, and phone for the manufacturers listed on our product lists. Do you not see a product? Keep in mind that we do not post up products that are made with hydrogenated oils or high fructose corn syrup. Also, some of the "mainstream" companies have demanded that their products be removed, as they do not want to be associated with a "free-from" website. Nonetheless, feel free to send us an email suggesting products you have found for inclusion.

Please note, product ingredients do change frequently, and products are added and removed from the market regularly. Although we will do our best to keep this information updated, our content cannot be guaranteed. We request that you contact us should you see the need for any additions, deletions, or changes. With this in mind, always double-check the ingredients and allergens of every product to avoid any doubt before purchase.
Formula & Drink (Select Varieties Only, always check ingredient statement)

Isomil Formula
 Enfamil® Formula
 Baby's Only Essentials® DHA Fatty Acid
 Baby's Only Essentials® Oral Electrolyte
 Baby's Only Organic® Toddler Formula SOY
 Nestlé® Good Start® Formula
 Parent's Choice® Formula
 Earth's Best Organic Soy Infant Formula With DHA & ARA
 Ready to Drink Toddler Health Rice Based Nutritional Drink Mix
 Toddler Health Oat Based Nutritional Drink Mix
 Toddler Health Rice Based Nutritional Drink Mix Food (Select Varieties Only, always check ingredient statement)

Beech-Nut Naturals First Advantage (7-8 months)
 Beech-Nut Naturals Stage 1 (4-6 months)
 Beech-Nut Naturals Stage 2 (7-8 months)
 Beech-Nut Naturals Stage 3 (9-12 months)
 Beech-Nut Naturals Table Time Puffs (13-18 months)
 Beech-Nut Naturals Table Time Toddler Meals (13-18 months)
 Gerber Organic 1st Foods
 Gerber Organic 2nd Foods
 Gerber Organic 3rd Foods
 Gerber Organic Mini Fruits
 Gerber Organic Whole Grain Cereals
 Healthy Times Premium Organic Baby Cereal
 Healthy Times Premium Organic Baby Food - Stage 1 Fruit and Vegetable Singles
 Healthy Times Premium Organic Baby Food - Stage 2 Dinners
 Healthy Times Premium Organic Baby Food - Stage 2 Fruit and Vegetable Blends
 Healthy Times Premium Organic Biscuits for Teethers
 Homemade Baby Organic Good Mushy (Refrigerated) - 9-12 Months
 Homemade Baby Organic Kinda Chunky (Refrigerated) - 12+ Months
 Homemade Baby Organic So Smooth (Refrigerated) - 6-8 Months
 Parent's Choice® Baby Cereal
 Parent's Choice® Cereal
 Parent's Choice® Little Fruits & Veggies (Toddler)
 Parent's Choice® Little Puffs
 St. Armour Teethers
 Earth's Best Organic 1 (Ages 4 Months & Up)
 Earth's Best Organic 2 (Ages 6 Months & Up)
 Earth's Best Organic 2: Fruit & Whole Grain Combinations (Ages 6 Months & Up)
 Earth's Best Organic 3: Chunky Blends (Ages 9 Months & Up)
 Earth's Best Organic 3: My First Soups (Ages 9 Months & Up)
 Earth's Best Organic Iron-Fortified Whole Grain Baby Cereals
 Earth's Best Organic Whole Grain Wheat Semolina Pastina