

## Writer, Michelle Berriedale

Motivated by her family of dairy intolerant members, Michelle founded Foods Matter, a UK based magazine on food allergies and intolerances. Foods Matter is available in print within the UK, and via online subscriptions for those in the US and UK. Apart from editing Foods Matter, Michelle continues to broadcast, lecture and write books on food allergy and food intolerance (eight to date) and on historic food. The most recent of these, Festive Feasts, can be ordered directly from Foods Matter.