

Organic So Delicious™ “Creamy” Frozen Dessert Quarts (Vegan, Gluten-Free)

If you are not yet familiar with Turtle Mountain’s product line, then it is time to become acquainted. I don’t know about you, but pizza and ice cream have been my biggest dairy-free challenges. If it weren’t for the Purely Decadent® line from Turtle Mountain, I may not have survived the transition. Okay, I exaggerate slightly, but they did make it a heck of a lot easier.

Beyond the good taste, Turtle Mountain carries a product line that rivals the likes of Breyer’s and Ben & Jerry’s in selection. Yet, their “ice cream” crafters just can’t stop creating. In addition to their new Purely Decadent® Pints, they have added three new Organic So Delicious® “Creamy” Quarts. Honestly, I hadn’t ventured past the Purely Decadent line, so when I was offered the opportunity to trial these new flavors from one of their other great product lines (Organic So Delicious®) I was excited.

Available in Creamy Raspberry, Creamy Orange, and Creamy Lemon, each variety boasted a classic vanilla “ice cream” swirled amongst a creamy sherbet-like “ice cream” in a very enticing fashion. I must admit this ice cream is so visually appealing and photogenic that I could have snapped photos all day. Alas, there is that whole melting issue, so after a few shots, I handed the first serving over.

As the votes came in, it looked as though Turtle Mountain may have another big hit on their hands. We had a split tasting group, two dairy-free consumers (one being myself) and two dairy-rich consumers. In fact, the latter couple had just indulged at 31 flavors the night before. Obviously, you are probably more interested in their feedback than our dairy-free accustomed taste buds, so I will jump right to it. “Positively delicious! I like it even better than their Pomegranate Chip,” said one. “That’s really good, creamy, and not too sweet,” said the other. It was evident that if I had not already let the cat out the bag about this “ice cream’s” non-dairy nature, we may have been able to slide this fact past our dairy-tasters without a bit of suspicion.

At this point, you may just choose to ignore the rest of the review and head out to purchase, but just in case you still feel like hearing more, I will let you know what us dairy-free consumers thought.

My prime taste-tester (a.k.a. husband) was very pleased. Though he avoids showing much emotion one way or the other when taste testing, with a “good” for pleasing items and an “okay” for not-so-pleasing items, his actions seem to confirm the enthusiasm of his vote. Since he snuck back for some of the Creamy Orange over the next two days without being offered, this one gets a definite above average rating. He did seem to be a bit more excited about the Purely Decadent Cookie Dough variety, but this one was a close second.

As for myself, the creamy quarts came dangerously close to a five star vote. The fruity portions were so similar to my favorite sherbets of days gone past, but quite possibly better. The flavor was close to identical, while the consistency was soft and luxurious. Yet this Organic So Delicious offered a more refreshing feel, similar to a sorbet, but without the icy nature. The vanilla was rich and creamy. I loved the way it scooped with that perfectly soft flaking of a high quality ice cream. Everyone loved it, including myself, but I must confess that soy super-tasters may note a slight beany flavor in the vanilla. As someone who taste-tests many dairy-free products, I could detect it a bit. Beyond this minor note, it was a five star “ice cream.”

The vanilla and fruit flavors did compliment one another beautifully. So much so that it was very difficult to select a favorite. I think it would come down to personal flavor preferences for raspberry, orange, or lemon. I had expected to worship the orange and its creamsicle nature, like my husband. However, as it turned out, my taste buds longed for the intrigue of the Lemon. The Creamy Lemon offered a sweet and sour flavor that was all dessert and no pucker. At first taste, I leaned toward the other two varieties, but as I made my way through the scoop, I fell in love with the refreshing contrast. I would venture to say that our dairy tasters liked the Creamy Raspberry the best, though they didn’t specify. The raspberry portion reminded me so much of raspberry sherbet, that any fan of the dairy version will surely love Turtle Mountain’s new flavor.

Seriously, if you haven’t tried any of the products from Turtle Mountain, then its time to head back to the frozen dessert aisle and dust off those ice cream scoops!

My Extra Notes & Tips:

- All of the new Organic So Delicious[®] quarts are in fact Vegan (Dairy & Egg-Free) and Gluten-Free.
- Turtle Mountain is incredibly generous with coupons and giveaways. Be sure to sign up on their website for [rewards](#);
- In addition to the Purely Decadent and Organic So Delicious[®] product lines, Turtle Mountain makes a line of fruit-sweetened [ice creams](#) under the name of It's Soy Delicious[®], and a wide variety of novelties.
- The nutrition label on these new Creamy Quarts amazed me. With only 100 to 110 calories and 1.5 to 2g of fat per serving, these seem almost indulgently diet-worthy. They are also low in sodium, and contain only 15g of sugar per serving (amazing for an ice cream!). Of course, they are cholesterol free. A bonus 2g of fiber and 1g of protein attempts to put these frozen desserts on the health map.
- Yep, organic, non-GMO, kosher certified, the works.

Where to Purchase: Turtle Mountain's frozen desserts are widely distributed throughout the U.S. and Canada. In fact, there isn't a grocer in my area that doesn't carry at least a few flavors. That being said, these quarts will likely be hitting U.S. freezer sections as the summer begins, and possibly later in Canada. See the Turtle Mountain website for a store locator.