

Quick Almond Milk (Vegan, Gluten-Free, Soy-Free)

Recipe Ease: Piece of Cake!

Ingredients:

- 1 quart Water, ice cold
- 1 cup soaked Almonds
- 2 Tablespoons Raisins or 1 Tablespoon Sweetener

Directions: Put all ingredients in a blender, and blend at high speed for 2 minutes. Strain if desired.