

Dessert Almond Milk (Vegan, Gluten-Free, Soy-Free)

Ingredients:

- 5 ounces Blanched Almonds
- 3 Tablespoons Maple Syrup
- 1 teaspoon Vanilla Extract (Check ingredients label)
- 2 cups Water

Directions: Place the blanched almonds into a blender and grind into a very fine meal. Add the maple syrup and vanilla extract then gradually add the water while the blender is running. Strain through a cheesecloth. Refrigerate until ready to use.