

Sweetened Condensed Milk I

Equivalent: 1 cup

Ingredients:

- 3 cups Soy or Rice Milk
- ½ cup White Sugar (try evaporated cane sugar for more nutrients)
- Vanilla Extract
- Salt

Directions: Add the soy or rice milk and the sugar to a saucepan. Cook over medium-low heat, stirring constantly, until volume is reduced to 1 cup. Add a few drops of vanilla to taste, and a pinch of salt. Cool before using. May be stored in the refrigerator.