

Writer, Barb Nicoletti

Though Barb is new on the net, she has a food allergy cookbook on the way! Due out in late 2007, we look forward to her family-friendly creations. In the mean time, she is sharing product reviews here with us at Go Dairy Free.

"With no professional culinary experience and allergy experience, I a former Director of Operations for a Transfer Agent turned stay at home mom. As a mother of two severely allergic children, I found my time consumed with how to feed them. With 7 of the 8 top allergens to worry about this was no easy feat to accomplish. Quickly becoming obsessed with food not in the way you might think, but rather obsessing about what to feed my children, I found a love and joy of cooking and spending time in the kitchen. Reading all the cookbooks I could get my hands on, standing in line at the supermarket flipping through the entire food magazine rack and constantly watching the food network, I had become a "foodie";"