

## "Cheezy" Sauce (Vegan, Gluten-Free, Soy-Free)

### Ingredients:

- 1 cup tomatoes
- 1 cup water
- 1/2 cup lemon juice
- 1 1/2 tsp salt
- 3 Tbs oil
- 1/8 tsp garlic powder
- 4 Tbs Nutritional Yeast

### Optional:

- 1 tsp onion powder
- 1/2 tsp celery seed
- 2 Tbs sesame seeds

Blend in blender until smooth. Good substitute in macaroni cheese or spaghetti casseroles.