

Great Recipe "Newsletter"

Vegetarian Times, the magazine, has a very cool group of "newsletters" that you can sign up for. I put newsletters in quotes as they aren't the traditional newsletters with news bites and ideas. They are actually more like alerts. When I signed up, I checked "dairy-free" and "vegan." Now I get a nice little email about twice a week (one dairy-free, one vegan) with a recipe of the week (with photo!). Very nice I must say! The photo at right is of a Vegan Recipe of the Week I recently received, Cinnamon Apple French Toast. You can pick your newsletter / recipe options (low fat, vegetarian, vegan, dairy-free) at the Vegetarian Times newsletter sign-up page. Enjoy!