

## Writer, Amy B.

Amy B. is a food lover by day and a disastrous cook by night. She has been experimenting in the kitchen for about ten years, perfecting only the chocolate chip cookie and brownie, only to discover a dairy and gluten intolerance. Bringing a whole new beast into the kitchen is a daunting task, which is why she loves to go out to eat! Amy eats a mostly meat-free diet and now is struggling with food choices that fit with her allergies and her fast paced lifestyle. She lives just outside of Boston and is eager to explore all of the gluten-free friendly places in the area. Her goal is to make going out to eat with food allergies a simple task because the world can't stop when the stomach is rumbling. Another goal of hers is to cook more at home so please be prepared to laugh at her adventures in the kitchen. Good thing a firefighter lives next door.