

## New Cereal from Nature's Path is Berry, Berry Crunchy

... Though it didn't greet me as I opened the package, the familiar scent of Captain Crunch Berry cereal emerged when I poured these flakes into my breakfast bowl. True, I haven't even come within close range of Captain Crunch in decades (scarily true, decades), and even then I only tasted it a few times, but that scent is unmistakable. It instantly shocked my senses to attention. Luckily, this cereal tasted not a thing like that over-sugared candy, which is often confused with breakfast. The thick flakes packed a nice crunch that bought me a good amount of time, not allowing the almond milk to turn my breakfast to mush while I scrounged around for a spoon ... [Read the full review](#)