

Lucky Baking: Four Leaf Clover Rolls

Hannah Kaminsky, My Sweet Vegan & Bittersweet - As St. Patrick's Day approaches, an excitement fills the air. People are preparing their most impressive green outfits, planning meals of "traditional" corned beef and cabbage (bleh), and most importantly, stocking up on the libations. Of course, I don't drink and am not even the least bit Irish, so this holiday has typically fallen through the cracks for me. To be perfectly honest, I still don't know what it's all about or how one is supposed to celebrate without imbibing great quantities of alcohol, but I've decided that I want to pay my respects to the celebration in the only way I know how: By baking! ...

Setting aside the sugar after having overdosed a bit on marshmallows, it was high time to get something green back into my body. And what could be more appropriate for St. Patrick's day than green clovers, after all? Smuggling a handful of spinach into the young dough, I'll be the first to admit that it's not about to fulfill anyone's daily requirement, but it did add some lovely flavor and just a hint of natural coloring.

Even if this holiday doesn't hold much significance for me, just pulling those lovely golden buns out of the oven was cause for celebration. Finally, a simple sort of bread that is cooperative, easy, and incredibly tasty, appropriate for more than just special occasions, too. Even my mom was taken aback by how "buttery" they were! For all those who are yeast-phobic, give this one a try- You might just find that your luck will improve. It's no coincidence that they embody such a fortuitous symbol! [View the Recipe Here on Bittersweet Blog](#)