

Bloggers Unite for Autism Awareness Month

Alisa Fleming, www.GoDairyFree.org ~ April 1st was World Autism Awareness Day, but if you missed it there is no need to fret … the entire month of April is dedicated to autism awareness. Several years ago the Autism Society of America deemed April to be Autism Awareness Month in an effort to educate our population on an autoimmune disease that is becoming more visible among our population, and to promote research in the areas of treatment and prevention. According to the CDC, 1 in every 150 American children lives with autism ...

But beyond the large societies and research sponsored events, individual bloggers, mostly parents from around the world, are uniting this month to blog for autism awareness. The movement started by the blog Momologue has already drawn in approximately 150 participating blogs. Click the image at right for a list of those who are blogging for autism awareness.

Though autism does not touch my life directly, I am intimately familiar with autoimmune disorders, and www.godairyfree.org is kept in on the loop due to the GFCF diet. We receive many emails from parents who use the gluten-free, casein-free diet as a therapy for their autistic children. We do our best to cater to some of their needs by providing hundreds of recipes and product reviews, which are not only milk-free but also gluten-free, and sharing related news.

To learn more about autism, and what you can do to help, visit the Autism Society of America.