

Vegan.com Announces the Ten Best Vegan Recipes for 2008

Alisa Fleming, www.GoDairyFree.org ~ With so many recipes available, it can be hard to decide what is really worth making. To eliminate the guesswork, Vegan.com selected the ten best titles from among the hundreds of vegan cookbooks on the market. From there, they asked the authors of these gems to share their favorite recipe. The results were seven savory and three dessert recipes guaranteed to knock your socks off. Each of the following recipes is dairy-free, egg-free, meat-free, honey-free, and ... delicious:

Plantain Omelet - From Mark Reinfeld and Bo Rinaldi's Vegan Fusion World Cuisine.

Thai Coconut Corn Soup - From Nava Atlas's Vegan Express.

Indonesian Coconut Rice - From Robin Robertson's Vegan Fire & Spice.

Baked Ziti - From Beverly Lynn Bennett's Vegan Bites.

Moroccan Phyllo Rolls - From Dreena Burton's Eat, Drink, & Be Vegan.

Italian Stuffed Crepes - From Bryanna Clark Grogan's Nonna's Italian Kitchen.

Chickpea Curry - From Hema Parekh's The Asian Vegan Kitchen.

Desserts:

Banana Chocolate Bread Pudding - From Isa Chandra Moskowitz and Terry Hope Romano's Veganomicon.

Root Beer Float Cupcakes - From Hannah Kaminsky's My Sweet Vegan.

Fresh Mango Cobbler - From Ani Phyo's Ani's Raw Food Kitchen.

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