

## June Giveaway Mixes Baking, Gluten-Free, and Food Allergy-Friendly into Three Great Prizes

Alisa Fleming, [www.GoDairyFree.org](http://www.GoDairyFree.org) ~ In June, three Go Dairy Free viewers will receive a prize package filled with baking mixes from Gluten-Free Essentials. In honor of Food Allergy Awareness Week, Gluten-Free Essentials is offering up three gifts, which are free from milk, eggs, nuts, gluten, and yeast! Each winner will receive one of three gluten-free and food allergy-friendly baking mix packages: The Cookie Assortment (chocolate chip, vanilla sugar, cocoa mudslide, cranberry-apple spice and decadent fudge brownie), The Deluxe Assortment (12 mixes, both savory and sweet), or The Speedy Bake Assortment (6 gluten-free mixes for kids). To enter to win ...

... register for the free Go Dairy Free E-newsletter (only your name and email are required). On the first Monday of each month one newsletter is sent out to subscribers with announcements, news, product review updates, and a featured recipe. A giveaway question will appear in each newsletter. Those who respond correctly will be placed in the running to win the monthly prize. The June newsletter will hit inboxes on June 2, 2008, so keep your eyes open!

GoDairyFree.org is an informational website for dairy-free living. While the Go Dairy Free website and corresponding newsletter always have a milk-free focus, every effort is made to cater to additional special diet concerns, including multiple food allergies (eggs, nuts, soy), and the gluten-free / casein-free diet (GFCF).

Gluten-Free Essentials is a family owned and operated business created by Celiacs for Celiacs. Paying close attention to detail, they source 100% dedicated gluten-free ingredients and operate with 100% dedicated gluten-free manufacturing processes and in a dedicated facility. Catering to the GFCF diet and multiple food allergies, all Gluten-Free Essentials products are also dairy-free, egg-free (egg alternatives have been tested for making them at home), peanut-free, and tree nut-free. Most of their products are also soy-free. They produce dozens of mixes, all of which can be purchased on the Gluten-Free Essentials Website.

At Go Dairy Free, we have taste tested and approved many of the Gluten-Free Essentials products, feel free to read our reviews.

\* This giveaway is open to viewers in the United States.