

## Go Dairy Free e-Newsletter ... the Summer Issue is In!

Alisa Fleming, [www.GoDairyFree.org](http://www.GoDairyFree.org) ~ The Go Dairy Free e-newsletter is back! Our July/August issue was just emailed out today, and you can now view it online. This month, our giveaway is focused on the new Ice Dream Cookbook by Chef Rachel Albert-Matesz. She offered an exclusive dairy-free, soy-free "ice cream" recipe from her new cookbok for feature in the newsletter. Enjoy!