

Top Ten Dairy-Free Treasures from Trader Joe's

I have spent quite a bit of time in Canada, it is a wonderful place. And really, they enjoy all of the luxuries (and then some) that we have in the U.S. … except for one … Trader Joe’s. It is the only thing I miss when we spend time in the cooler north. For those who love healthy food, new flavors to sample, and fair prices, it is pure heaven. However, I have my limits. Some of their convenience comes at too high of a price, and all is not always tasty at TJ’s. They certainly have a few flops (ahem, that lifeless chicken ravioli), yet, there are some staples which I return for week after week … Read On ...