

## Frugal Foodie Friday: "Buttermilk" Banana Pancakes

Okay, so I am a few weeks late for International Pancake Day (Feb 24th - next year is Feb 16th, mark your calendars now!), but really, when isn't a good time for pancakes? All of you dairy-freers out there know that many brands of pancake mix harbor milk in some form, especially the prized buttermilk versions. But no need to worry, making pancakes from scratch is cheaper, healthier, and really quite easy ... yes, even the "buttermilk" kind. In fact, homemade faux buttermilk is a snap, and it requires no more than your favorite milk alternative and either some vinegar or citrus to help the 5-minute curdling process. If you don't believe me, just try this recipe for "Buttermilk" Banana Pancakes over at One Frugal Foodie. These are a wonderful breakfast treat, but if you are looking for some dinner-worthy pancakes, then you must take a peak at the Savoury Pancakes from Vegan Visitor.