

Find Out What's for Breakfast in the Free April Issue of The Vegan Culinary Experience

Whenever anyone asks me the most difficult thing about eating out dairy-free, without the slightest bit of hesitation, I exclaim, "Breakfast!" Unless we are traveling, I never dine out for breakfast or brunch as it is a minefield of dairy (right down to the home baked bread) just waiting for me to take one false step ... and who wants to pay \$5 for a bowl of fruit? But thanks to the April Issue of the Vegan Culinary Experience, I now have an arsenal of delicious breakfast recipes to enjoy on casual mornings or when an indulgent brunch is in order.

The Vegan Culinary Experience is a Free Monthly Online Magazine filled with delicious recipes and foodie stories for anyone living dairy-free, egg-free, meat-free, or simply seeking healthier options. The April Issue, "What's for Breakfast?" is now available on the Vegan Culinary Experience website, and filled with wonderful vegan recipes such as Mango Blintzes, Coconut Waffles, Savory Breakfast Burritos and a Cosmic Chocolate Breakfast Smoothie.