

The Dairy-Free Library: Vegan Brunch ... The Moskowitz Legacy Continues

Isa Moskowitz put vegan cookbooks on the map. I am not throwing out an opinion here, it is a simple fact. There are many fabulous vegan recipe authors out there, but somehow Moskowitz captured the formula that brought the word vegan onto the bestseller lists and made her books an instant success. She now has four top ranking cookbooks, and the most recent ... just released ... hot off the presses ... is Vegan Brunch: Homestyle Recipes Worth Waking Up For.

If you have eaten vegan or even dairy-free, then you know that breakfast can be one of the trickier areas when you think beyond a standard bowl of oats and milk alternative. But Isa gets creative, and the results are delicious. Just a sampling of the recipes includes ...

Chesapeake Tempeh Cakes (pictured), Pumpkin French Toast, Classic Broccoli Quiche, Tomato Rosemary Scones, and Coffee Chip Muffins along with "basics" like crepes and "sausages." The Vegan Brunch list goes on, really it does.

Just in case you have been hiding in a dark cave for five years haven't heard of Isa Moskowitz, her best-seller collection of cookbooks includes: Veganomicon (the bible) Vegan Cupcakes Take Over the World (a classic) Vegan with a Vengeance (the original)

... and judging from the reviews by, and sales to, omnivores, I think it is safe to say that you don't need to be vegan to enjoy the recipes in these egg-free, dairy-free, and all around animal-free cookbooks.