

## Get More Dairy-Free Living Updates with New Expanded RSS and Twitter Features

Trying to keep up with this fast-paced information generation, GoDairyFree.org has added an improved RSS feature that now updates with all new site additions. The expanded feed also links in with twitter, allowing quick and easy to check tweets for followers. The prior RSS feed only listed those items added to our daily front page feature. However, the new RSS feed will report all new dairy-free recipes, product reviews, dining out suggestions, health information, and news as it is added anywhere on the website, so that you don't miss a beat.

Viewers can check the updates in their feed reader of choice simply by adding the Go Dairy Free RSS link (<http://www.godairyfree.org/rss/>) to their subscriptions, or by following Go Dairy Free on twitter (<http://twitter.com/godairyfree>). The title of each update will be uploaded to twitter, allowing you to quickly scan the titles and click through the link provided should you wish to read more. Those who are already subscribed to the Go Dairy Free RSS feed and/or twitter, should already be receiving the regular updates.

Go Dairy Free is updated daily with information on dairy-free living. We cater to milk allergies, lactose intolerance, vegan cooking, gluten-free / casein-free diets, and general milk-free and non-dairy living with a wealth of information, useful tools, and our popular No Dairy Product Lists for your grocery shopping needs. We also offer a newly released book, Go Dairy Free: The Guide and Cookbook, for an excellent offline resource.

Icons from Smashing Magazine