

Giveaway: Enjoy Life with Cookies for Everyone!

Multiple food allergies? Gluten-Free / Casein-Free? Vegan? Living without cookies? Not a chance! Cookies for Everyone! the cookbook has arrived and it is quickly living up to its name. To introduce it to you, we are giving away a copy of this new gem along with 4 Enjoy Life Free Product Coupons and an Enjoy Life Grocery Tote (to carry all of those wonderful ingredient) to TWO Lucky Winners! Simply head over to the Giveaway Post on One Frugal Foodie and comment for your chance to win. This giveaway is open to residents of the U.S. and Canada.

Created by authors Leslie Hammond and Betsy Laakso (Director of Research & Development at Enjoy Life Foods), Cookies for Everyone! is filled with fun and easy recipes for cookies, bars, and various types of bites (from healthy to downright indulgent). Plus, every recipe is gluten-free, dairy-free, egg-free, soy-free, peanut-free, and tree nut-free to address most food sensitivities and allergies while still being delicious. I can vouch, I have tried several of the recipes, and we enjoyed them all, even though we aren't gluten-free on a daily basis ...

I was thoroughly impressed with the availability of the ingredients; the authors do not rely on expensive "gums" or exotic flours. In fact, I didn't even have to make a trip to the store before I had three different recipes whipped up. You can read my full review of Cookies for Everyone! in our Product Reviews. We will be posting some featured and altered recipes from the book soon, but in the meantime, be sure to pop over and Enter the Giveaway!

To double your odds, AllergySense is also hosting a Cookies for Everyone! giveaway.