

## Earth Balance Vegan Buttery Sticks (Vegan, Gluten-Free, Nut-Free)

When I first started baking dairy free I had no idea where to start. I was really quite clueless about vegan products and how useful they would be in my baking now. I asked a fellow blogger about dairy free butter substitutes and she recommended Earth Balance.

I have been a loyal user of Earth Balance ever since. It is the perfect safe alternative for all of my dairy free baked goods that need butter for their structure. Back when I first started using it, I could only get the tub. This was a little difficult for measuring, but worth the trouble at the time. Now I can get the sticks and I love how easy it is to measure!

It is especially useful in my oatmeal cookies!

These are what I now refer to as Con Cookies. This is my go to recipe for a great hearty cookie that will get you through the times when there is no time to stop for food! I make these every year for the conventions we go to and they are a hit with everyone. I change up the dried fruits and nuts depending on what I have on hand. See the Con Cookies Recipe [here](#). This is a third party review by Sarena Shasteen of The Non-Dairy Queen. For more information about this product, and to find out where to purchase, visit the [Earth Balance Website](#).