

Frugal Foodie Friday: Crumbly Maple Apple (or Peach) Crisp

As I looked around for ideas to use up some organic apples that I found in the discount bin (still nice and firm, but begging to be turned into a baked goodie!), I came across oodles of recipes for one of our favorite desserts, Apple Crisp.

Feeling that it needed something extra, I drizzled the Crumbly Apple Crisp with a modest amount of pure maple syrup before popping it in the oven. The result was incredible! My family devoured the crisp in one evening, but if we had come up for air from our dessert plates for just a moment, we may have thought to heighten the experience even more with a scoop of vanilla dairy-free ice cream. Either way, this dessert won't last long, and when made as is, it is vegan, dairy-free, egg-free, soy-free, and nut-free!