

Organic So Delicious™ Dulce de Leche Non Dairy Frozen Dessert (Organic, Vegan, Gluten-Free)

The summer heat has arrived, and so have my ice cream cravings. I planned the day around my last grocery trip to ensure that I would be heading straight home from the store. This way I could stock up on ice cream without fear of a total melt down. I was disappointed when I couldn't find my favorite Purely Decadent flavor, Praline Pecan, but the Dulce de Leche sounded like a good contender. Not to mention, as a dairy free connoisseur it is fun to try products with names like "sweet milk". Luckily, this flavor really delivered. The ice cream itself had a rich caramel flavor, and the soy notes were very minimal. The texture was smooth, creamy, and consistent, with just a small ribbon of actual caramel running through it. I am not sure quite yet if this one will be my new favorite, but it is in the running to top my homemade sundaes. Oh, and did I mention this flavor has only 3g of fat per serving?

- Pros: Organic; Made with non-GMO soy; Vegan; Cholesterol-free; Gluten free; Low in fat; Very creamy
- Cons: Like most ice cream, a touch high in sugar; Some may detect the slight "beany" taste, but it is not overdone

Recommended For:

- Vegans
- Brownie Sundaes
- Creamy, "Milky" Dessert Cravings

Where to Buy:

- In Stores - Most grocers throughout the U.S. and Canada