

"Cream Cheese" Icing (Vegan)

Tofutti has a non-hydrogenated Better than Cream Cheese which we highly recommend (look for the yellow label). Most of their cheese alternatives contain hydrogenated oils, but lately they have released non-hydrogenated versions of the better than cream cheese and sour cream. It is second hand information, but we believe this recipe came from "Elegant Dairy-Free Entertaining" by Patricia Morales Fine

Ingredients:

- 16 oz. Tofutti brand Better Than Cream Cheese, plain
- 1 1/2 cups Ricemellow cream
- 3 tablespoons lemon juice
- 1 teaspoon vanilla
- 1/2 teaspoon nutmeg

Directions:

Mix everything together until smooth.