

Egg-Free French Toast (Vegan, Soy Free)

This truly unique spin on French Toast was brought to our attention by Meatout Mondays, however, its origin is from a quaint vegan website, Vegan 2000.

Ingredients:

- 1 cup water
- 2 Tbs. raw cashews
- 4 pitted dates
- 1/2 cup fresh orange juice
- 1 Tbs. whole wheat flour
- 7 pieces of bread

Directions:

Whiz all ingredients but bread in blender until smooth. Pour into a shallow bowl. Dip the slices of bread into the mix and place on a cookie sheet. Bake at 400° F until golden brown. Turn and brown the other side. Top with applesauce or fresh fruit.