

Easy Pie Crust

Yield: One 9 inch pie crust

Ingredients:

- 1 1/2 cups pastry flour (can be white or whole wheat or combo of both)
- 1/2 teaspoon sea salt
- 2 tablespoons sugar
- 1/2 cup oil (extra-light olive or canola)
- 2 tablespoons orange juice or plain non-dairy milk alternative

Directions:

In a large bowl place all of the dry ingredients.

Add oil and orange juice, mix with a fork

Pat into 9-inch pan with fingertips. If pre-baked crust is desired bake at 425 for 10 -12 minutes.